

YOGA & NUTRITION
RETREAT IN CROATIA

7.-12. SEPT. 2023



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LAUREN ANNE

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A top-down view of a clear glass bowl filled with a vibrant pink smoothie. Several fresh raspberries are scattered on top, along with a few bright green basil leaves. The bowl sits on a light-colored wooden surface. The background is softly blurred, showing more raspberries and a sprig of basil.

Learn & experience...

- Which foods work for you & which not
- Relaxation for your Body, Mind & Soul
- Meet new & inspiring people
- Improve your overall quality of life
- Explore & experience Istria like a local



Danijela Andric Casson

**Holistic Practitioner, Nutritionist, Prana-Healer,
Kinesiologist Psychotherapist, Owner & Founder of**



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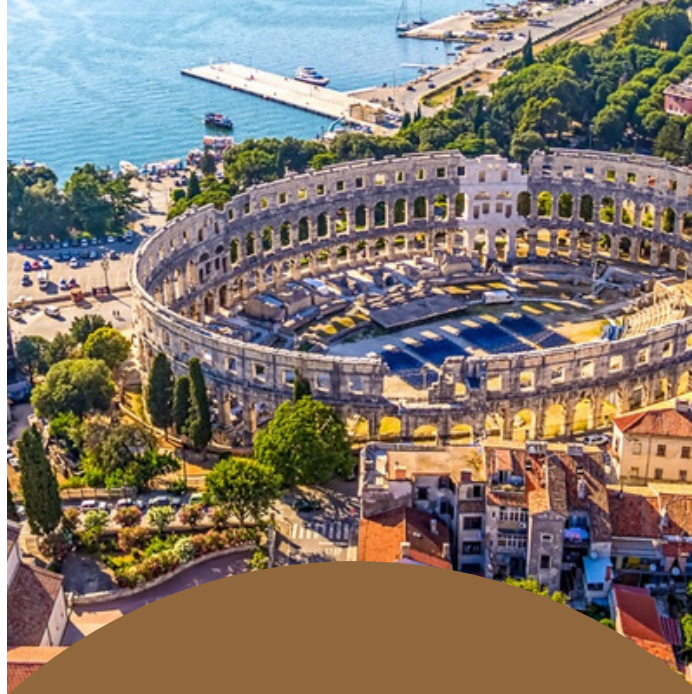
Lauren Anne

Elevated Internationally
Recognized Yoga
Teacher, Sound Healer,
Breathwork & Meditation
Leader, BA(H)
Psycholog, Co-Active
Coach, Founder of
Lauren Anne Wellness



LAUREN ANNE





Explore the unique
energy in Istria

CROATIA

7.-12. SEPT





UNIQUE YOGA &
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